

August 2022

# ELEMENTARY LUNCH



Chicago Public Schools  
NUTRITION SUPPORT SERVICES

Monday	Tuesday	Wednesday	Thursday	Friday
31	1	2	3	4
7	8	9	10	11
14	15	16	17	18
22	23	24	25	26
<ul style="list-style-type: none"> <li>Beef Hamburger</li> <li>● Veggie Burger</li> <li>● Yogurt &amp; Granola Kit</li> <li>● WowButter &amp; Jelly Sandwich</li> </ul> <p>Cherry Tomatoes Applesauce Cup</p>	<p><i>Lunch Brunch!</i></p> <ul style="list-style-type: none"> <li>● Breakfast Nachos</li> <li>● Bean Fajitas</li> <li>Jerk Chicken Wrap</li> <li>● Bean &amp; Cheese Bowl w/ Tortilla Chips</li> <li>Buffalo Popcorn Chicken</li> </ul> <p>Grilled Onions &amp; Peppers Diced Pineapple Red Salsa</p>	<ul style="list-style-type: none"> <li>Chicken Nuggets</li> <li>● Veggie Chik'n Nuggets</li> <li>● Egg Chef Salad</li> <li>Turkey &amp; Cheddar Sandwich</li> <li>● Bean &amp; Cheese Bowl w/ Tortilla Chips</li> </ul> <p>Mashed Potatoes Fresh Melon</p>	<ul style="list-style-type: none"> <li>Beef Sloppy Joe</li> <li>● Mac &amp; Cheese</li> <li>Turkey-Ham &amp; Mozzarella Croissant</li> <li>● WowButter &amp; Jelly Sandwich</li> <li>● Egg Salad Sandwich</li> </ul> <p>Lemon Chickpea Salad Fresh Pear</p>	<ul style="list-style-type: none"> <li>★ Thai SunButter Chicken Leg with Brown Rice</li> <li>● Thai SunButter Chickpeas with Brown Rice</li> <li>● Taco Salad</li> <li>Chicken Chef Salad</li> </ul> <p>Garden Salad Fresh Orange</p>
29	30	31	1	2
<ul style="list-style-type: none"> <li>● Penne Alfredo Pasta</li> <li>● Cheddar &amp; Veggie Crackers Kit</li> <li>● WowButter &amp; Jelly Sandwich</li> </ul> <p>★ Fresh Broccoli Applesauce Cup</p>	<ul style="list-style-type: none"> <li>Beef Nachos</li> <li>● Bean Nachos</li> <li>● Blueberry Muffin &amp; Yogurt</li> <li>Turkey &amp; Swiss Sandwich</li> </ul> <p>Seasoned Black Beans Diced Pineapple Red Salsa</p>	<ul style="list-style-type: none"> <li>Turkey Sausage Pizza</li> <li>● Cheese Pizza</li> <li>● Pretzel &amp; Hummus Dippers</li> <li>Turkey-Ham &amp; Cheddar Sandwich</li> <li>Chicken Chef Salad</li> </ul> <p>★ Fresh Zucchini Fresh Nectarine</p>	<ul style="list-style-type: none"> <li>BBQ Chicken Sandwich</li> <li>● BBQ Tofu on Bun</li> <li>● Cheese Sandwich</li> <li>Turkey-Ham &amp; Cheese Wrap</li> </ul> <p>Cherry Tomatoes Fresh Banana</p>	<p><i>Lunch Brunch!</i></p> <ul style="list-style-type: none"> <li>French Toast &amp; Turkey Sausage</li> <li>● French Toast &amp; Hard-Boiled Egg</li> <li>Chicken Chef Salad</li> <li>● WowButter &amp; Jelly Sandwich</li> </ul> <p>Tater Tots Red Grapes</p>

All chicken served is raised with No Antibiotics Ever.  
All menus are pork-free.  
We serve Whole Grain Rich grain/bread items.  
Milk options include 1% and fat-free

- Vegetarian / Contains Plant-Based Protein
- ★ Locally Grown, Raised, or Sourced
- Contains Fish
- Hot Entrees in Bold



This institution is an equal opportunity provider.  
Offerings may vary by school.  
Menus are subject to change.  
Questions? E-mail us at [food@cps.edu](mailto:food@cps.edu)