

<https://www.youtube.com/watch?v=ZxfJicfyCdg&t=57s> name that emotion sesame street

<https://www.youtube.com/watch?v=dOkyKyVFns&t=14s> guess the feeling inside out

<https://www.youtube.com/watch?v=OV6fPw-MRFo> what makes a good friend

<https://www.youtube.com/watch?v=bVCKj0T9-gc> friend song

<https://www.youtube.com/watch?v=zXlXDoCRc84> please and thank you song

<https://www.youtube.com/watch?v=hH7Lj2BS1vc&t=2s> use your self talk song

<https://www.youtube.com/watch?v=Qr9ge4XGUYs> if you are a kid- following directions song

https://www.youtube.com/watch?v=403s_HcQsa0&t=42s everyone is different song

<https://www.youtube.com/watch?v=KKSUsS-NoRY> be kind to everyone song

<https://www.youtube.com/watch?v=lrqkjS1cV24> I am special song

<https://www.youtube.com/watch?v=UsISd1AMNYU> feelings song

www.youtube.com/watch?v=-J7HcVLsCrY The feelings song - feelings song- I am a boy she's a girl

<https://www.youtube.com/watch?v=PoEqvoMoZsQ> - breathing song- butterfly breaths

https://www.youtube.com/watch?v=_mZbzDOpyIA- belly breathe Sesame Street: Common and Colbie Caillat - "Belly Breathe" with Elmo!

<https://www.youtube.com/watch?v=DFojWGH-l-c> how to calm down by breathing and counting to 4

<https://www.youtube.com/watch?v=KdHViSpdGtK>- surprise song

<https://www.youtube.com/watch?v=DjSaXiULs5Q> surprise game (guessing the surprise emotion)

<https://www.youtube.com/watch?v=3zQJyL821lc>- story of my feelings, Laurie Berkner

www.youtube.com/watch?v=enaRNnEzwi4 Sesame Street: Try a Little Kindness (with Tori Kelly)

<https://www.youtube.com/watch?v=MVBByCs3NSI> It is okay to be different

<https://www.youtube.com/watch?v=ca8SUuG8vdA> Sad sad terrible day

<https://www.youtube.com/watch?v=ufbOHI1mmYk> this is my happy song